



Working with Crystal Bowls & Voice to Deliver Measurable Health Benefits

Marian McNair Bio

Marian McNair, MATC, MFA, has been working with and perfecting her practice with crystal bowl sound therapy for over 20 years. With an extensive background in music, art, yoga and teaching, she combines this knowledge to offer clients a safe and nurturing space to heal and gain a sense of well-being. Having a passion for helping others on their path, Marian offers sound healing classes for cancer patients, children with special needs, and seniors with memory issues, as well as art classes for underserved minority children and weekly yoga class for their parents. Marian has presented at wellness events and retreats across the country, including the National Wellness Conference since 2010, speaking about the science behind the art of crystal bowl healing, and beautifully demonstrating the art behind the science.

Knowing that expressing ourselves creatively with art is healing, she often incorporates painting and other projects, along with the music, movement and sound in her classes and workshops. She also teaches private and group classes in both art and guitar for children and adults. Marian has produced five CD's, three of which have the beautiful sounds of crystal bowls & voice. In 2014, she released two CD's. One, with bluesy and heartfelt love songs, all songs written by Marian, and the other a collaborative country/folk CD with her husband, Jim Fine. Marian lives in Lake Forest, IL with Jim, and has two children, Daniel and Cody.

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